



Help Create a Future of Possibilities

Include a gift to The Carmelites in your Will.





“Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and, ‘Love your neighbour as yourself’.”

Luke 10:27

What we call “Carmel” is really a way of life in which we strive to be aware of the presence of God in the most ordinary, everyday things. We’re contemplative, but we live out our service in the world. We’re prayerful, but we’re also practical.

We were founded over 800 years ago on a mountaintop called Mount Carmel in Israel, but we have our feet firmly planted in today’s problems and concerns. Carmelites live together in small communities so that we can support one another in our desire to live up to what God wants of us.

Carmelite friars are parish priests, teachers and spiritual directors, as well as social workers and chaplains. There is no one career that defines a Carmelite. We pray for the freedom to respond to needs wherever we find them.

In 2001 the Carmelites responded to a need in Timor-Leste taking responsibility for the Timor-Leste mission and the Parish of Our Lady of Mount Carmel, Zumalai. Twenty years on, our mission is now firmly established with a formation program, a parish in Zumalai, and a community development program.

Plea of a Timorese village elder, “If you’re not here, there’s nothing. The Carmelites are the light in our darkness, while you’ve been here our children have the possibility of an education. Our mothers, babies and community have medical help. If you’re not here, there’s nothing.” The village elder saw it and he knew the impact The Carmelites could make to his people. The Carmelites made a commitment to that plea and Gifts in Wills are essential to delivering on this commitment.

Planning for the future

Writing a Will is one of the most important activities you will undertake during your lifetime. When you make a valid Will and keep it up to date, you ensure that your loved ones are provided for, and that your estate is divided according to your wishes. When making your Will, you also have the opportunity to include gifts to charitable causes that are close to your heart.



Making your Will should not be seen as a daunting legal task. Your solicitor or legal advisor can guide you smoothly through the process. Then, it is a matter of regularly reviewing your Will when your family or life circumstances change. Wills can be created online now, some free of charge.

This booklet offers a guide to realising your wishes. It also shares some stories about the impact on Carmelite ministries made possible by caring people like you. Your support of our programs has been inspirational.

Like the Good Samaritan, you have changed the lives of your neighbours – both at home and in Timor-Leste. You have provided life-changing opportunities. Just imagine what your legacy gift can one day achieve.

Large or small, it will have the power to create a future of possibilities for the people in our community. Whether it is training young men to become priests, and equipping them to become leaders of their communities, or providing young Timorese people with hope for a better future through education, your gift will sustain our work and transform lives.



The Carmelites – today

COMMUNITY • PRAYER • SERVICE

The Carmelites have a tradition across eight centuries originating in the 1190s in the Holy Land. The story of The Carmelites in Australia began in 1802, more than 200 years ago.

The Carmelites in Australia

Since arriving in Australia, The Carmelites have been actively involved with Australian communities through parish ministry, schools, spirituality and retreat centres and a library offering pastoral and spiritual companionship to people.

The Carmelites in East Timor

Since 2001 The Carmelites have also been supporting the people of Timor-Leste both spiritually and through practical support assisting in the reconstruction of their communities. In 2019 Carmel Impact was formally established. This charity builds on the Carmelites' eight century legacy of serving humanity, and the last 20 years working with impoverished communities in Timor-Leste. Its goal is to transform lives through education and community programs.

Partners in hope and prayer

When any person is faced with the difficult and painful challenges of one's life journey, The Carmelites offer companionship, hope and a place to share faith. Along with our parishes, school chaplain service, and spirituality centre, the National Shrine of Our Lady of Mount Carmel offers members of our Carmelite family special Mass services throughout the year with opportunities to ask the Carmelites for their prayerful intercessions. Through this avenue people come together in prayer and to give thanks, to pray for healing and to remember loved ones.

and the future



It would be a great privilege for The Carmelites to be considered by you in your Will. A Gift in Will to The Carmelites will ensure that the spiritual, emotional and physical well-being of people in need in Australia and Timor-Leste continues long into the future. Your legacy will create a future of possibilities, hope and new opportunities.

Your legacy will create possibilities.

The Carmelites have touched the hearts of many Australians and East Timorese through their work in education, parishes and spirituality centres. Generous people like John Molnar have chosen to leave a gift to The Carmelites in their Will as a way of acknowledging the impact of The Carmelites in their lives.

“I felt it was time to give something back”.

“I chose to leave a bequest to The Carmelites because they have been a significant part of my life.

When I was a child we lived with my grandparents in Richardson Street, Middle Park. Midnight Masses at the Church of Our Lady of Mount Carmel at Christmas had a great impact on me.

After moving back to the parish over two decades ago, I rejoined the Carmelite family and witnessed their mission expand to Timor-Leste. It has been heartening to see the progress they’ve made, helping this impoverished nation, especially the children living in rural and remote areas.

Leaving a Gift in my Will feels right, as education is a powerful means to break the cycle of poverty in Timor-Leste. I believe this decision will ensure the growth of scholarships, education projects, and other initiatives by Carmel Impact, fostering the development of the country and its people.

While this is a personal decision, I hope others will join me in leaving a Gift in their Will to support this life-enhancing and community-building work in Timor-Leste.

Meeting the young Timorese Carmelites in our community has been inspiring, and I believe my decision will enable Carmel Impact to continue pulling young people out of poverty and nurture the next generation of Carmelite leaders in Timor-Leste”.

John Molnar OAM
Melbourne



“We have an important presence in the world.”

Fr Pedro Amaral was born in 1985 in Lospalos, located in the eastern part of Timor-Leste. One of eight children, Pedro's father is a farmer as was his Mum who died in 2016, just two months before his ordination. Shaped by life-changing events, Pedro knew he wanted to become a priest and help the people of Timor-Leste.

“In 1999, I was finishing Year 7 when everything was burnt down after the vote for independence. School was held in the bushes. I had a rock as a chair and my knees as a desk.

Before joining the Carmelites, I had only gone to church a few times a year. I didn't know anything about them but since Year 12, I knew I wanted to be a priest. I did a test to join the Carmelite seminary. As soon as I passed, I was on a bus to Zumalai where the Carmelites had a small community.

Today, I am Parish Priest in Zumalai. I was previously Assistant Director of the Boarding House.

I want to thank our donors for supporting our younger Brothers who are still studying. Thank you for helping to pay for their schooling and education, because the future of the Carmelite Order is in their hands. We really do have an important presence in the world.”

Fr Pedro Amaral





“Working hard for my future and my country’s future.”

Elisa’s dream was to guide tourists around her beautiful country, showcasing its diverse environment, rich heritage and cultural landmarks.

“I really like learning languages and being able to communicate with people from around the world. I love my country and I want to show it to visitors so they can experience how wonderful all the places are here.”

For many young adults like Elisa, being able to stay in school can be nothing more than just a dream. With Timor-Leste being the poorest country in our region, poverty and the lack of a stable income can put an end to pursuing an education. When Elisa was very young her mother died. Soon after, her father moved to Indonesia leaving her to be raised by her grandparents, aunt and uncle.

The generous support of the Carmelite family provided Elisa with an invaluable scholarship to complete a five-year Tourism and Travel Management Course at Dili Institute of Technology.

Receiving the annual scholarship helped Elisa realise her dreams of becoming a tourist guide and showcasing the natural beauty of Timor-Leste to an international audience.

“I’m so grateful that I could study and have all these experiences. When I was in high school, I didn’t know what I would do next, but now the Carmelites are supporting me and so I’m working hard for my future and for my country’s future.”

Life changes.

Has your Will changed too?

There are many times in life when a change of circumstances necessitates the updating of your Will. For peace of mind, many estate lawyers recommend that you review your Will every five years.

It is timely to review your Will if:

- A major life change has occurred in your family, such as the birth of a child or grandchild,
- A beneficiary named in your Will passes away,
- You marry or become separated or divorced,
- Your financial circumstances change significantly.

We know thinking about death and what will happen after we are gone is uncomfortable. But it is important. Take the time now and write or update your Will to ensure your wishes are fulfilled.



Frequently Asked Questions

How do I leave a gift to the Carmelites in my Will?

You can use the suggested wording on page 15 as a guide when speaking to your solicitor or trustee company.

You can contact us on 03 9690 8822 or at philanthropy@carmelites.org.au if you'd like your legacy to go to a specific area and we can provide you with correct wording.

How much does including a gift in my Will cost?

Writing or updating your Will isn't as expensive as you might think. Solicitors can provide estimates, but the cost will depend on how complex your personal affairs are. You can even complete your Will online now. Google 'create will online' to see the providers.

Do I have enough money to leave a gift in my Will?

You can support a cause you are passionate about and it does not impact your bank balance today. Many everyday Australians are choosing to include charitable gifts in their Wills. They know they can look after both their loved ones and the causes they cared about during their lifetime.

Can I add a gift to the Carmelites to my existing Will?

Yes – it's as simple as adding a codicil or an amendment. We recommend that you consult your legal advisor to assist you with this.

How will my gift be used?

Your generous gift will go to the area of most need at the time. You can contact us if you'd like your legacy gift to go to a specific area.

Should I tell you when I've included a gift in my Will?

You don't have to, but we'd love for you to let us know. This will allow us to welcome you as a member of the Carmel Care Circle. You can read more about this on page 16.

Choose the legacy that's right for you.

Residual legacy: What's left of your estate after all of your wishes have been carried out and expenses in finalising your estate have been met. Residual gifts allows you to take care of your loved ones and financial commitments first. They also adjust automatically to changes in the value of your estate and hold their value over time.

Pecuniary legacy: A specific monetary amount. While these gifts provide you with certainty, they can lose their value over time due to inflation.

Specific legacy: A specified item such as property or shares. Again, these gifts can provide certainty, but only if the asset isn't sold or disposed of before you pass away.

Every legacy we receive – no matter the size – is important and received with gratitude. Talk to your solicitor about the most appropriate gift for your circumstances.

Correct wording for a Gift in Will

The following wording is very important. Take this to your solicitor or trustee company when you update or write your Will.

“I _____

of _____

Postcode _____ give, devise and bequeath to the ‘*Carmelite Fathers Incorporated (VIC) (ABN: 98 004 769 528)*’ 75 Wright Street Middle Park in the State of Victoria for its general purposes

- _____% of my estate or the residue or
- The sum of \$ _____ or
- Specified items (eg, life insurance policy number, possessions, land, etc) free of all debts, funeral and testamentary expenses, duties and taxes. I direct that the receipt of the Treasurer or other public officer for the time being of ‘*Carmelite Fathers Incorporated (VIC)*’ shall be good and sufficient discharge of my Trustee/s for this gift.”

Carmel Care Circle

A gift in your Will to The Carmelites is a simple but powerful way for your support to live on as a testament of your philanthropic benevolence. It's a way of making a significant difference beyond your lifetime in the lives of vulnerable people in Australia and Timor-Leste.

In fact, you will be helping to ensure that the people of Timor-Leste are given opportunities to prosper and become self-sufficient. And you will be providing those in need with pastoral care through love and hope to communities everywhere, following the tradition of The Carmelites.

Once you have informed us that you have pledged a gift in your Will to The Carmelites you are eligible for membership in the **Carmel Care Circle**, and we will send you a beautiful certificate of appreciation.

Some people may feel uncomfortable talking about their generosity and we understand this. But we want to be able to thank our future focused benefactors during their lifetime. So we encourage you to advise us, in complete confidence, of your intentions so that we may say a discreet and sincere thank you.

However, we respect the wishes of some of our benefactors who wish to remain anonymous – please be assured we will never publish your name without your specific approval.

As a valued member of the **Carmel Care Circle** you will be invited to special donor events and kept informed and updated about The Carmelites work and the impact of donations through the **Carmel Care Circle** news updates.



My Confidential Response Form

Yes, I would like to find out more

For obligation-free information about including a gift to The Carmelites in your Will, please complete the section below and return to:

Gifts in Wills Manager
The Carmelites
75 Wright Street
Middle Park, VIC, 3206

We understand that the information you provide is a statement of your present intention. You can change your mind at any time: simply tell us your new intentions and we will act accordingly.

I have included The Carmelites in my Will and would be delighted to join the **Carmel Care Circle**.

I do not wish to join the **Carmel Care Circle**

I intend to include a gift to The Carmelites in my Will when I next update or write my Will.

I am considering including a gift to The Carmelites in my Will.

I would like to discuss, in confidence, the possibility of including a gift to The Carmelites in my Will.

Please send me a copy of a codicil form so I can nominate The Carmelites as one of my beneficiaries.

Title:

Father Dr Mr Mrs
 Ms Miss Other _____

Full Name: _____

Address: _____

_____ Postcode _____

Phone: _____

Mobile _____

Email: _____

The best time to contact me is

Thank you. Our Gifts in Wills Manager will be in touch shortly.

CONFIDENTIALITY: We respect your choice to keep your plans private. Choosing to let us know about a gift in your Will to The Carmelites will help us acknowledge your support, will help your family be aware of your future plans and will let us share with you updates about the wonderful work funded by gifts in Wills.



A Legacy of Devotion

Our Carmelite family is made up of a wonderful tapestry of people who are committed to helping those in need. One member of our family not only dedicated her life to helping people in her community but has also gone on to make a life-changing impact, beyond her lifetime, for the people and communities we serve. This is Mary's story.

Mary lived most of her quiet and unassuming life in a home across the road from Our Lady of Mount Carmel, in Wentworthville, NSW. As her father was a Lay Carmelite, it was only natural that Mary would follow in his footsteps and also become a Lay Carmelite herself. She had been professed a Lay Carmelite for more than 50 years, first belonging to the Lay Carmelite Sydney community and then with the Lay Carmelite Wentworthville community.

Mary's faith led her to devote her life to help people in her community. She always listened with an open heart and guided them on their spiritual path in life. For her friend Carolyn, Mary was a person who led by example to the whole community.

Carolyn fondly remembers, "Mary's whole life was Carmel. She was very knowledgeable about everything Carmelite related and was the prior

of the Lay Carmelite Wentworthville community for 3 years. Mary's strength was being prayerful and private, devoted to her faith."

In November 2021, at the age of 95, Mary died. As she had helped so many during her lifetime, Mary made a lasting legacy which today is helping many more people in Australia and Timor-Leste.

Mary left a gift in her Will to the Carmelites. A gift that is today transforming lives by giving young people, including our Carmelite students, the opportunity to pursue an education and go on to create change in their communities.

We are most grateful for Mary's gift of a lifetime which will make a life-changing difference for so many into the future.





The Carmelites
Australia & Timor-Leste
75 Wright Street
Middle Park Vic 3206



Carmel Impact is a charity established
by The Carmelites of Australia and
Timor-Leste to help those in need.

